What you need to know from Nurse Wrobel.

Holiday traditions are important and this time of year offers more opportunity for family gatherings. Please review the below links to the CDC site for suggestions on minimizing COVID-19 risk.

The CDC website has some suggestions to help you maintain your vigilance and cooperation to reduce the spread. <u>https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/celebrations.html</u>

Please adhere to the travel guidelines which can be found here <u>https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html</u>

COVID-19 vaccine is now available for ages 5 to 11. Lehigh Valley Health Network (LVHN) will partner with Parkland School District to provide a COVID-19 Vaccination Clinic for ages 5 to 11 at Parkland High School (PHS) on Friday, November 19th.

https://docs.google.com/forms/d/e/1FAIpQLSdt_JIWIZnRIiO7DQ9QA6vR1 8GCRGBeyHgMI3wK7-B1zaWPJQ/viewform

Please submit a copy of your child's COVID-19 vaccine once they are complete to the health room.

I wish you a very happy and healthy Thanksgiving holiday!

Nurse Wrobel

